



## Physical and Mental Health

### Physical and Mental Health Resources

Parents and students in need of assistance with physical and mental health concerns may contact the following campus and community resources:

The District's Health Service Coordinator  
(nurse), Rachel Tidwell at 903-326-4151

The District's Social Emotional Counselor,  
Tara Podjenski M.A., LPC- Associate at 903-326-4502

The local Health Department  
Located at 618 N Main St in Corsicana, TX 75110  
Phone- 903-874-6731

## Policies and Procedures that Promote Student Physical and Mental Health

The district has adopted board policies that promote student physical and mental Health. (LOCAL) policies on the topics below can be found in the district's policy manual, available at <https://pol.tasb.org/PolicyOnline?key=936>

Food and Nutrition Management  
Wellness and Health Services  
Physical Examinations  
Immunizations  
Medical Treatment  
Communicable Diseases  
School-based Health Centers  
Care Plans  
Crisis Intervention

Trauma-informed care  
Student Support Services  
Student Safety  
Child Abuse and Neglect  
Freedom from Discrimination, Harassment, and Retaliation  
Freedom From Bullying

In Addition, the District Improvement Plan details the district's strategies to improve student performance through evidence- based practices that address physical and mental health. The district has developed administrative procedures as necessary to implement the above policies and plans.